

Tyranny Of Niceness Unmasking The Need For Approval

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Tyranny Of Niceness Unmasking The

The Tyranny of Niceness identifies and confronts our most fundamental social dysfunction - niceness. For over 15 years, Sommers, a Toronto psychologist, has treated many twisted lives created by being nice. She interweaves the case histories of her clients with her own observations to present a frightening, yet hopeful, picture of a society that promotes silence and obedience over individuality and honesty.

Tyranny of Niceness: Unmasking the Need for Approval by ...

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The tyranny of niceness : unmasking the need for approval. [Evelyn K Sommers] -- "I've got to stop being so nice." How often has Dr. Evelyn Sommers heard that from her clients over the years?

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It is just that I was reading The Tyranny of Niceness. Unmasking the Need for Approval, a new book coming out this month by Toronto psychologist Evelyn Sommers. She argues that we are sacrificing...

The tyranny of niceness - The Globe and Mail

She is a psychotherapist in private practice in Toronto, Canada, and is the author of two books, The Tyranny of Niceness: Unmasking the Need for Approval (Dundurn Press, 2005) and Voices From Within: Women Who Have Broken the Law (University of Toronto Press, 1995). Dr.

Tyranny of Niceness: A Psychotherapeutic Challenge

"The Tyranny of Niceness" identifies and confronts our most fundamental social dysfunction - niceness. For over 15 years, Sommers, a Toronto psychologist, has treated many twisted lives created by being nice.

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The Tyranny of Niceness identifies and confronts our most fundamental social dysfunction - niceness. For over 15 years, Sommers, a Toronto psychologist, has treated many twisted lives created by being nice.

Tyranny of Niceness : Evelyn Sommers : 9781550025983

The Tyranny of Niceness: Unmasking the need for approval (2005) Dundurn Group. Voices From Within: Women who have broken the law (1995) University of Toronto Press. A common theme in my books is the issue of voice.

Psychotherapy Toronto | Evelyn Sommers Psychologist | Ontario

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